

CELTIC SC JUNIOR ACADEMY INFORMATION (2007-2013)

Jr. Celtic (Players born in 2012-2013)

The Jr. Celtic program has been overhauled in the last 18 months. Jr. Celtic is the starting point for many of our players on their Celtic journey. The Jr. Celtic program features:

- Two professionally coached training sessions per week (Fall & Spring)
- One professionally coached training session per week (Winter)
- 4v4 Developmental League (Fall & Spring, a minimum of 6 games)
- Minimum 4 Celtic SC Benchmark Updates plus 1 Parent Player Coach Conference
- Size 1 Skill ball
- Jr. Celtic New Balance Uniform kit (\$76 plus tax)

Jr. Celtic is open to boys and girls born in 2012 or 2013. The program will be divided between genders if there are enough boys and girls players. If not, the boys and girls will be combined and play together. There are no tryouts for this group. We encourage players that are looking for a good head start in soccer to play in Jr. Celtic. Our games include competition against teams that are like-minded in philosophy and curriculum. Our away games are no longer than 45 minutes away and are played on Saturday or Sunday afternoons. More information about the Jr. Celtic program can be found at www.palatinecelticsc.com.

8U Academy (Players born in 2011)

The 8U Academy is for boys and girls born in 2011. Our 8U Academy has changed slightly from last year. Starting in the 2018-19 season, the U8 Academy will play in a 4v4 League in the fall and then play in a 7v7 league in the spring. The 8U Academy program features:

- Two professionally coached training sessions per week (Fall, Winter, & Spring)
- 4v4 League (Fall)
- 7v7 League (Spring)
- Optional winter competitive league play (extra cost)
- One tournament (Spring)
- Weekly technical centers with specific technique coach
- Minimum 4 Celtic SC Benchmark Updates plus 1 Parent Player Coach Conference
- Size 1 Skill ball
- Preseason Camp (August 6-9)
- Celtic SC New Balance Uniform Kit (extra cost)

Players in this age group will experience training with all 8U players (by gender). An ideal roster for the U8 group is 10-12 players. This age is highlighted by individual technical development along with guidance in simple decision making (tactics) such as when to shoot, when to dribble, when to pass, and how to find space. We look to develop confidence in each of the 8Us with a ball at their feet and that they are creative in their decision making process. This is a development first approach with Celtic players and the goal is for them to enjoy soccer, gain confidence with the soccer ball, and develop competitiveness when playing in games.

9U and 10U (Players born in 2010 and 2009)

The 9U and 10U age groups are for boys and girls born in 2010 and 2009. These players play 7v7 throughout the year and separated by gender. The 9U and 10U program features:

- Two professionally coached training sessions per week. (Fall, Winter, & Spring)
- 7v7 League (Fall & Spring)
- Optional winter competitive league (extra cost)
- Two tournaments (one fall & one spring)
- Weekly technical centers with specific technique coach
- Mental Skills Training (developing confidence, growth mindset, and enjoyment of the game)
- Preseason Camp (August 6-9)
- Minimum 4 Celtic SC Benchmark Updates plus 1 Parent Player Coach Conference
- Celtic SC New Balance Uniform Kit (extra cost)

Player in these age groups will experience training with all the 9U and 10U players. This offers more exposure to Celtic coaching for all players and larger numbers, so players can play 7v7 games in training. It will also allow the club to present the same ideas to all teams and players on a more consistent basis. There is high attention to developing players' ability to pass, dribble, receive, defend, and shoot the ball the right way. We also look to enhance our players' intelligence with and without the ball at these ages making them aware of positional play, spatial awareness, and creative decision making to grow their confidence.

11U and 12U (Players born in 2008 and 2007) \$1600 Black & Green Level, \$1900 Showcase Level

The 11U and 12U age groups are for boys and girls born in 2008 and 2007. These players play 9v9 throughout the year and are separated by gender. These ages may feature a Showcase level where teams will train 3 days per week. The Showcase teams are for the committed youth player. The 11U and 12U program features:

- 2-3 professionally coached training sessions per week (Fall & Spring)
- 2 professionally coached training sessions per week (Winter)
- 9v9 League (Fall & Spring)
- State League competition possible (Showcase level only)
- Optional winter competitive league (extra cost)
- 3 tournaments (one will be an overnight tournament)
- Weekly technical centers with specific technique coach
- Mental Skills Training (developing confidence, growth mindset, and enjoyment of the game)
- Cup Competition (Showcase level only)
- Preseason Camp (August 6-9)
- Minimum 4 Celtic SC Benchmark Updates plus 1 Parent Player Coach Conference
- Celtic SC New Balance Uniform Kit (extra cost)

11U and 12U players will train together in their training environments. This offers more exposure to Celtic coaching for all players and larger numbers, so players can play 9v9 games to expose them to more game situations in training. It will also allow the club to present the same ideas to all teams and players on a more consistent basis. There is purposeful attention to developing players to master their ability to pass, dribble, receive, defend, and shoot the ball the right way. We blend the technique and tactics here to build skill development. An emphasis is put on the physical and mental side of the game

where players should know how to be competitive with each other in training and against opponents in matches.